

# Teambuilding and Morale Boost

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# Teambuilding and Morale Boost

## Goals and Objectives

- Be able to define teambuilding and morale
- Be able to identify the difference between traditional and non traditional teambuilding
- Be able to identify when your team needs a boost
- Identify resources to help develop teambuilding skills

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## Schedule

2:45-3:00: Introduction and activity

3:00-3:30: Presentation and discussion

3:30-3:45: Activity

3:45-4:00: Questions and Answers

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Q: What to these three things have in common?

Jets

Cardinals

Panthers

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A: What do these three words have in common?

ALL NFL TEAMS



# Team Building and Moral Boost

Q: What do these three words have in common?

Banana slugs

Anteaters

Shockers

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A: What do these three words have in common?  
**COLLEGE MASCOTS**



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Three Things:

1. Favorite vacation
2. One Goal for next week
3. Favorite cereal



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What is Teambuilding?

What is morale and is it important to have work?

How do I know when my team is struggling?

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- Teambuilding is a cooperative process that allows ordinary people to achieve extraordinary results
- Successful Teamwork relies upon synergism between all and the team is focused towards a common goal

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- **Synergy:** The introduction of elements that when combined produce a total effect that is greater than the sum of individual elements<sup>1</sup>



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- ***Moral:*** Feeling of enthusiasm or loyalty that a person or group has about a task or job<sup>2</sup>

<sup>2</sup> <http://www.Merriam-Webster.com/dictionary/morale>

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- How do I know my team is struggling?
  - ✓ Decreased productivity
  - ✓ Conflicts or hostility among staff members
  - ✓ Confusion about assignments, missed signals, and unclear relationships
  - ✓ Decisions misunderstood or not carried through properly
  - ✓ Apathy and lack of involvement
  - ✓ Lack of initiation, imagination, innovation; routine actions taken for solving complex problems

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- ✓ Apathy and lack of involvement
- ✓ Lack of initiation, imagination, innovation; routine actions taken for solving complex problems
- ✓ Complaints of Negative reactions to the manager
- ✓ Complaints about quality of service

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**How do we fix it?**

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FACILITATE

FACILITATE

FACILITATE

FACILITATE

FACILITATE

FACILITATE



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- ***Facilitate***: To **help** something run smoothly and effectively

<sup>3</sup> <http://www.Merriam-Webster.com/dictionary/facilitate>

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Traditional Teambuilding: Icebreakers  
Games  
Initiatives

Non-Traditional Teambuilding: Movies  
Meals  
Scavenger hunts

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- **Icebreakers** (also known as *Warm-ups*, *Energizers*, *Openers*, and even *Deinhibitizers*) are activities that help people feel more comfortable and get to know each other

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- **Games:** Can be used to promote teamwork and have fun. They can break down barriers and begin to develop trust.



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- **Initiatives:** Activities to provide the group a small challenge. Many times these challenges can be related to your daily work.



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## Non-Traditional Teambuilding Activities:

- ✓ Habitat for Humanity
- ✓ Movies with discussion
- ✓ Scavenger Hunts
- ✓ Adopt a Highway
- ✓ Community Service
- ✓ Meals

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## Activity

I prefer??????????????



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**Where can I get these Ideas??**

<http://www.supportrealteachers.org/teambuilding-videos.html>

[http://www.teampedia.net/wiki/index.php?title=Main\\_Page](http://www.teampedia.net/wiki/index.php?title=Main_Page)

<http://karlrohnke.com/>

<http://www.fundoing.com/>

<http://www.google.com>



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Questions and Answer Session

